# MARY WERICK





### **OVERVIEW**

Mary is an experienced executive who has performed successfully in a range of roles across a variety of industries and a number of continents.

### **APPROACH**

Mary is recognised as an expert in organisational change management, with particular expertise in the areas of strategic planning and execution. As a coach and mentor, she works with high performing individuals to enhance their success and effectiveness in rapidly changing business environments.

#### **CAREER HISTORY**

After graduating in business administration from the University of Toronto, Mary embarked on a commercial career which included a range of executive roles at Bell Canada and Nortel in Canada before transferring to Nortel in Australia as Director of Business Development, GM of their Optus Business Unit, and then AsiaPac VP of Customer Service & Technical Support. Following this, she was Director of Strategy and Business Development, and Director of Product Development at Optus, Managing Director of FlowComm and National Commercial Director at Corrs Chambers Westgarth.

In recent years Mary has worked as an Executive Coach and Consultant with a large number of prominent government and corporate organisations. Mary has served as the community representative on the NSW Bar Association's Professional Conduct Committee and is past president of two large not for profit equestrian sporting clubs in Sydney and the Hunter Valley.

In 2016, Mary's interest in neuroplasticity led her to enrol in a four-year training as a Feldenkrais practitioner, and a neuroscience degree. She became a qualified practitioner in July 2019 and graduated from the University of Tasmania in August 2021. She is currently undertaking a Master's Degree in Public Health at University of Technology Sydney.

## **PERSONAL**

Mary's other personal interests include business ethics and governance practices, psychology, environmental issues and literature.